



POST CIRCUMCISION HEALTH EDUCATION FOR AN ADULT

- You may have a dressing to your penis on returning from theatre.
- Nursing staff will check for bleeding, swelling or pain every half hour for two hours.
- If you are in pain, please inform the nursing staff and prescribed medication will be given.
- You will only be given refreshments 1 hour after returning from theatre to try to eliminate any nausea.
- After 2 hours if you have eaten, passed urine and your pain is under control you may be discharged
- You **WILL NOT** be able to drive your self-home. Please arrange for someone to fetch you.
- You will go home with pain tablets/anti-inflammatories as prescribed by your doctor. Antibiotics are not normally required.
- You will have sutures that may be dissolving, these will dissolve in 10 – 14 days
- You will be told how to and when to change your dressing (normally done the next day, or left until dressing falls off on own).
- Wear loose fit underwear so that wound is not constricted.
- You can pass urine as normal.
- Avoid sitting in a bath for prolonged time, rather shower.
- Avoid sexual activity until healed completely.

Signs of infection:

- Redness
- Swelling
- Offensive discharge
- Severe pain
- Unable to pass urine

If severe pain, swelling or bleeding contact your doctor or nearest medical facility.

Source: A guide to circumcision – www.medic8.com/healthguide/circumcision/after-surgery.html



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