



CARE OF WOUND POST PROCEDURE (SUTURES/CLIPS/ DRAINS/WOUNDS)

Caring for your wound

- Before removing a dressing, it is important to wash your hands with soap and water
- Carefully take the dressing off. Try not to touch your wound.
- It is preferable to have a shower rather than long bath soaks
- Do not put any soap, shower gel, body lotion, talcum powder or other bathing products directly onto the healing wound
- Keep the wound dry
- If you are told you need to have clips, staples or sutures removed, you will be given a follow up appointment with your doctor

Complications of wound healing

Some swelling, heat and redness are to be expected around the wound after surgery, however if your wound becomes infected it

may develop one or more of the following symptoms around the wound site:

- Becomes more painful
- Looks red and/or swollen
- Feels hot
- Weeps or leaks some blood-like liquid, pus or blood
- Has an unpleasant odour
- You may develop a high temperature

If you experience any of the above symptoms or have any concerns about your wound, contact your doctor immediately or proceed to your nearest Emergency department.

This is a guideline for care of wounds at home. However, if your doctor has given you specific instructions on the care of your wound, you are required to follow those instructions.

References/ Sources of evidence
NICE clinical guideline No 74: Surgical site infection (October 2008);



AHMED AL-KADI
PRIVATE HOSPITAL
Excellence In Healthcare

486-490 King Cetshwayo Highway Mayville 4058
031 492 3400 | info@aakh.co.za
www.ahmedalkadi.com